

# Water for Detoxification & Anti-Aging

## Anti-Aging ve Detoks için Su

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**ABSTRACT** There are plenty of interferences have to be carried out regarding anti-aging concept. Two factors have to be taken into account here. One of them is the restoration of damage occurred in the body and the second one is the eradication of free radicals leading to detrimental outcomes in the body. So, detoxification (detox) will be inevitable in a rationalist planning.

Detox is a mechanism provided in the organism. Organism's detox potential and capacity will vary under genetic and environmental influences. Hence it is much more well known that enzyme functional mechanisms and defections activating those systems alter our influences of free radicals and our responds we give them. In detox mechanisms although, anti-oxidant vitamins, enzymes and minerals are standing out primarily most significant factor is underestimated frequently.

That factor is known as water. Everyone think they know very well but do not known actually. Water is the most important and indispensable and most required factor for anti-aging and detox. Moreover, we need to be very careful about the drink water. Water we drink for our health may make us more unhealthy. Water's well known physical, chemical, microbiological, rigidity grade, apart from its properties little known pH and undiscovered transmitting properties and molecular binding properties will be influential in detox and anti-Aging implementations.

As a result, in anti-aging and detox implementations when we stress the impact of water certainly, we need to accept that quality of water must be considered. The Natural Energy Water Activation Technology improves the microbiological quality of water. Oxygen content and clearness of the water are improve. It reduces the number of molecules in a water cluster, making very much closer in similarity to cellular water.

**Key Words:** Anti-Aging, detoxification, water, free radicals

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