

# Congenital Hypertrophy of the Retinal Pigment Epithelium as Biomarker for Familial Adenomatous Polyposis

FAMİLYAL ADENOMA TÖZ POLİPOZİSİN TANISINDA RETINA PIGMENT EPİTELİ  
KONJENİTAL HİPERTROFİSİNİN YERİ

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## SUMMARY

*Familial adenomatous polyposis (FAP), a rare and premalignant disease of the gastrointestinal tract, is inherited by Mendelian-dominant gene to a descendant, but the disorder may represent 20 and 25 percent spontaneous mutation.*

*Ten patients were investigated for congenital hypertrophy of the retinal pigment epithelium (CHRPE) as a biomarker for FAP. Of these, three had a colon cancer and FAP, seven were first-degree relatives of one of them.*

*Three patients with colon cancer have been found FAP endoscopically. Three of four offspring at risk showed CHRPE. None of them had extracolonic manifestations. The youngest offspring at risk showing CHRPE was aged 4.*

*CHRPE appears to be transmitted from one generation to another and to be present after birth. Identifying CHRPE as a marker would facilitate diagnosis and management of FAP.*

**Key Words:** Congenital hypertrophy of the retinal pigment epithelium Familial polyposis

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**Familial adenomatous polyposis (FAP) is a rare disease of the gastrointestinal tract, but an important one, because cancer develops before age 40 in**

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## ÖZET

*Familyal adenomatöz polipozis (FAP) gastrointestinal sistemin nadir görülen ve kanserleşme riski olan bir hastalıdır. Mendelin dominant geni ile kalıtımı olur, fakat % 20-25 oranında spontan mutasyon gösterebilir.*

*FAP tanısında retina pigment epiteli konjenital hipertrofisi (RPEKH) 10 olguda araştırıldı. Bunların üçü FAP ve kolon kanserli olgu, yedisi bunlardan birinin birinci derece akrabaları idi.*

*FAP ve kolon kanserli üç olguda RPEKH izlendi. RPEKH'de gözlenen üç olguda da endoskopik olarak FAP saptandı. Risk grubundaki dört çocuğun üçünde RPEKH gözlemlendi. Bunların hiçbirinde ekstrakolonik bulgular mevcut değildi. RPEKH gözlenen risk grubundaki çocukların en genci 4 yaşında idi.*

*RPEKH'nin bir nesilden diğerine geçtiği ve doğumdan sonra mevcut olduğu görülmektedir. RPEKH'nin saptanması FAP'in tanı ve tedavisini kolaylaştırır.*

**Anahtar kelimeler.** Retina pigment epiteli konjenital hipertrofisi, Familial adenomatöz polipozis

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**nearly all untreated patients. It is a hereditary disorder, characterized by the development of large numbers of adenomatous polyps within the colon. There are always more than 100 polyp and sometimes thousand. The conditk n is said to occur in between 1 in 11.000 and 1 in 18.000 live births. The disease is inherited by Mendelian-dominant gene to a descendant and sex incidence is equal (1) Penetrance has been reported between 79 percent and 94 percent**

(2). The affected child may in turn pass it on to a descendant, but the descendants of the unaffected children will be normal. In addition, the condition may arise as a genetic mutation in a previously normal family and 20-25 percent of all patients with FAP arise as such (1). Offspring and siblings at risk should be examined when adenomas are detected in colorectum. Regular rigid and flexible sigmoidoscopy should be performed on all first-degree relatives of the patients with FAP from 14 years of age or earlier. Whereas, it has been reported that congenital hypertrophy of the retinal pigment epithelium (CHRPE) as a biomarker for the genetic defect in FAP would facilitate diagnosis and management of the disease. Because this fundus lesion appears to be present at birth or shortly thereafter (2,6).

Because of these reports, cases with FAP and members of a family at risk have been investigated for this fundus lesions.

**MATERIALS AND METHODS**

Ten patients were studied. Of these, three had FAP and a colon cancer, seven were first-degree relatives (mother, mother's sister and brother, cousins and daughter) of one of them.

Ophthalmologic examinations were performed by Department of Ophthalmology of Gulhane Military Medical Academy. Following pupil dilatation with cyclopnololate (1 percent) and phenilcphrine (2.5 percent), the eyes of each patient were viewed 360 with indirect ophlhalmos-copy. Fundus flueresccein angiography (FFA) was per-

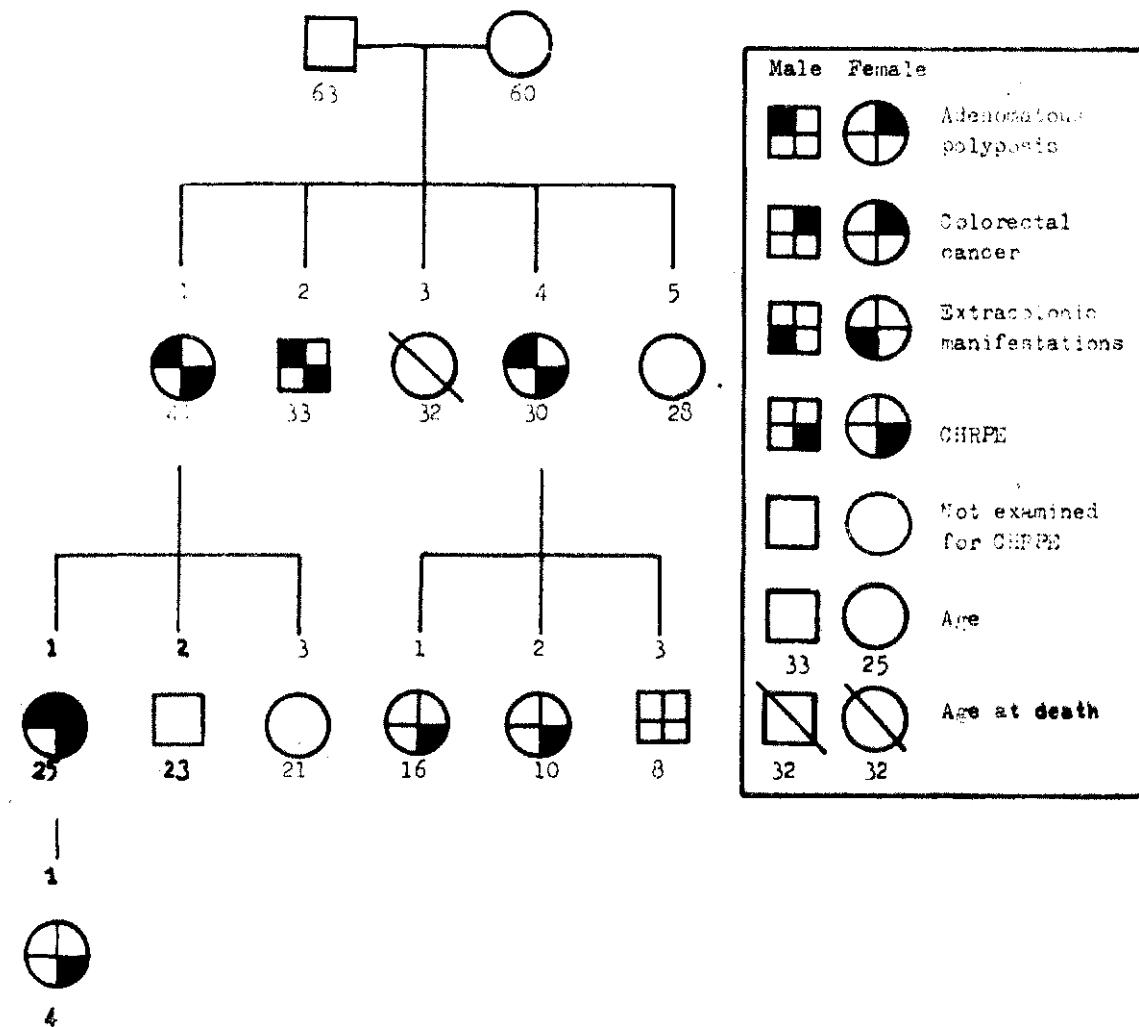


Figure 1. Pedigree of the subjects with FAP and offspring at risk and fundus lesions.

formed on each patient. Then, patients having fundus lesions were examined endoscopically for FAP.

## RESULTS

A patient (III -1), aged 25 years, having a colon cancer and FAP showed fundus lesions. Her mother and mother's sister and brother had also fundus lesions and FAP. Three of four offspring at risk having fundus lesions have refused examination for FAP (Fig. 1). Other two patients who had a colon cancer and FAP showed fundus lesions (Fig. 2).



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Figure 2: Two patients, had colon cancer and FAP, and fundus lesions.

Fundus lesions were ranged from 0.4 to 2 mm. in diameter and were round - pigmented with a surrounding pale halo, small and large round-pigmented and round - depig - mented in shape (Fig. 3). Patches of CHRPE were showed in FFA (Fig. 4)

None of the subjects had extracolonic manifestations (ECM).

## DISCUSSION

In 1980 Blaire and Trempe, in 1984 Lewis at all and in 1987 Traboulsi at all have described CHRPE as a possible precursor for patients with FAP and ECM or at risk members of kindreds with documented ECM. According to their findings, CHRPE occurs only in those patients with the classic findings described by Gardner (4,5,6).

Most recently, Llois and Menczo have examined 24 patients from six families with FAP. They

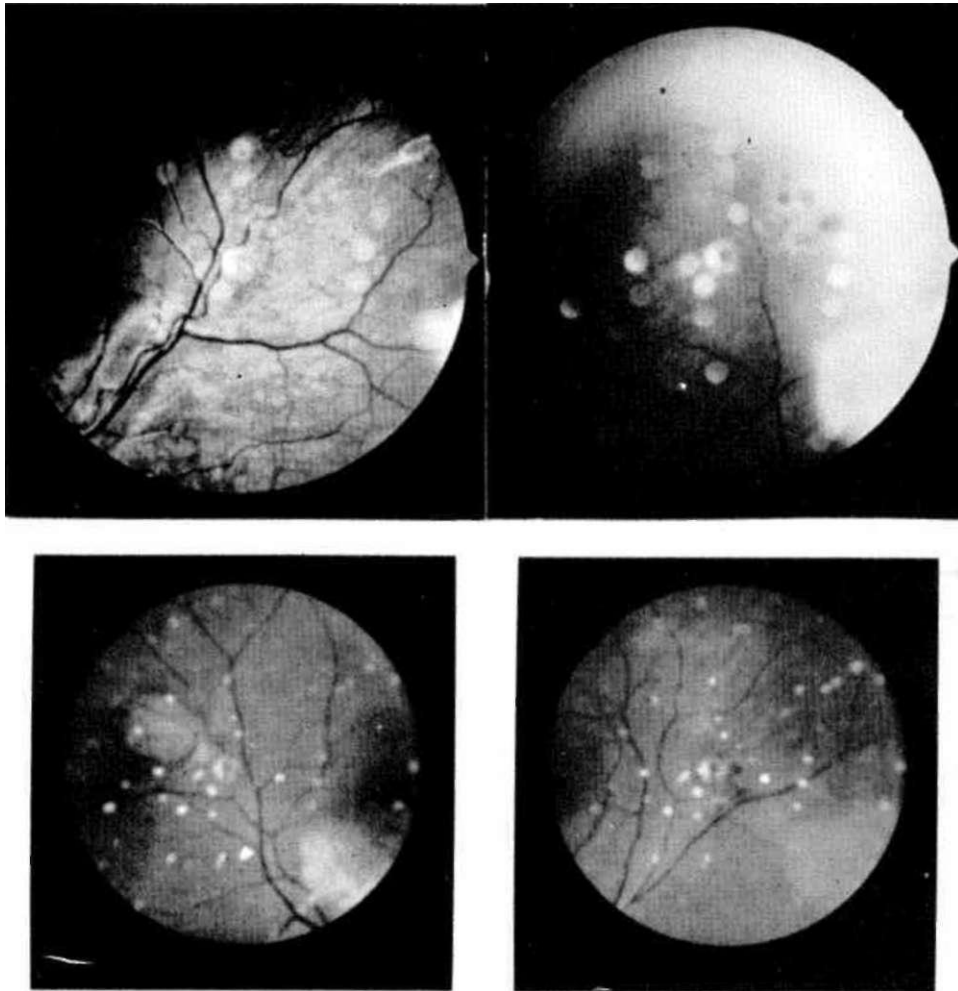


Figure 3. Fundus fluorescein angiography of patches of congenital hypertrophy of retinal pigment epithelium.

found that 11 patients were free of the intestinal disease and normal ocular fundi. Ten patients with polyposis showed patches of CHRPE. The remaining three patients showed pigmentation of the fundus, but no polyps of the colon. These three patients were less than 25 years of age (3).

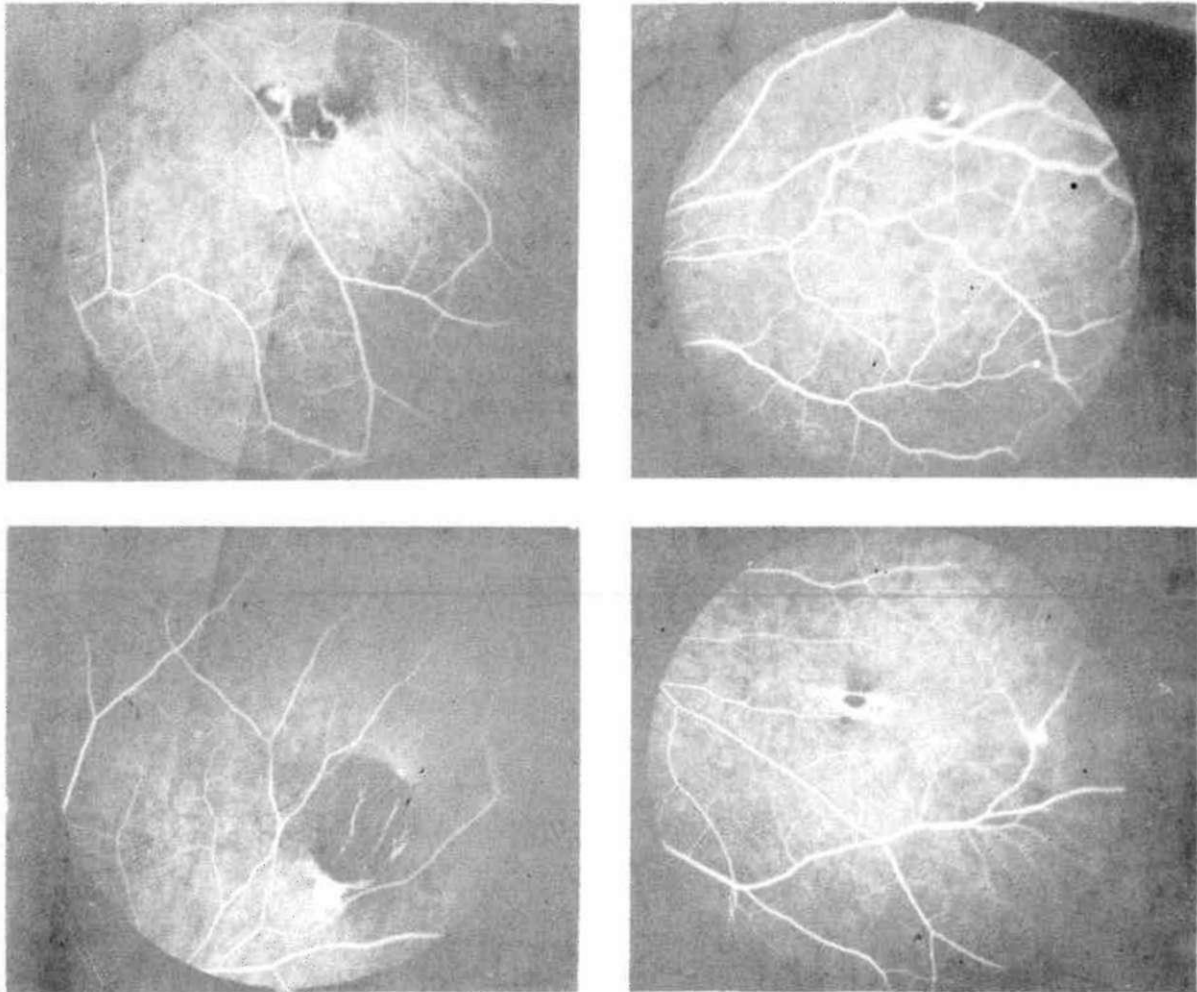
Berk et al. have reported in 40 patients with FAP and 11 offspring at risk for FAP. 35 (87.5 percent) of cases with FAP had retinal lesions, 22 of 25 patients with FAP alone had retinal lesions while 13 of 15 patients with FAP and ECM were similarly affected. Other 8 of offspring at risk for FAP (72.7 percent) had retinal lesions (2). According to them,

the gene responsible for CHRPE appears to be transmitted from one generation to another, demonstrated by the high sensitivity of the retinal lesions in patients with FAP alone and with other ECM (2,3).

All of six subjects with FAP and three of four offspring at risk had fundus lesions. None of them had ECM.

Approximately 20 and 25 percent of patients with FAP have no family history and in these cases, the disorder represents spontaneous mutation (1).

Grandparents, aged 63 and 62 years, were healthy, but they couldn't be examined. Siblings in



**Figure 4.** Fundus lesions; round pigmented with a surrounding pale halo, small and round pigmented and round depigmented in shape.

proband II probably represent spontaneous mutation. But CHRPE appears to be inherited in proband III and IV.

Fundus lesions appears to be present at birth or shortly there after (2,6). The youngest of offspring at risk showing CHRPE was aged 4 years (Fig.1).

Berk at all have classified four distinct combination of fundus lesions : oval pigmented with surrounding pale halo, small round-pigmented, large round-pigmented and round-depigmented (2). Our findings were similar to that of Berk's (Fig. 3-4).

### Conclusion

CHRPE appears to be transmitted from one generation to another and to be present after birth. Identifying CHRPE as a marker is a direct and non-invasive method and would facilitate early diagnosis and management of patients with FAP.

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